KS3 Citizenship & PSHE Education curriculum – Ormiston Park Academy

Veek I What are first impressions? How do rules and laws differ? What is news Week 2 Who am I? Where do laws come from? How can I judge reliability of a news. Week 3 What is self-esteem? What crimes occur near me? How can I verify information in the self set of the second in the legal process? How might I be maniprocess? Week 4 What makes a relationship healthy? Who is involved in the legal process? How can I REVIEW information in the second in the legal process? How can I REVIEW information in the second information in theathel? Week 1	the article? rmation? pulated? ny news? age? influence ray I look? drugs? of drugs? of drugs? al drugs? use drugs? w say
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health? Vvnat are prescription drugs? Vvnat comes after s	ills?
Week 3 How much sleep should I be getting? What are units? Decision making, choos study at KS4 Week 4 What are the benefits of physical What are the physical effects Taking control of you of drinking alcohol?	chool?
Week 4 What are the benefits of physical What are the physical effects Taking control of you of drinking alcohol?	•
Journey Journey	ır career
Week 5 How can I manage my personal hygiene? What are the social effects of drinking alcohol? What is the labour mark is it important	•
Week 6 What are germs? How can I manage influence and pressure around alcohol? Creating the life you	u wnat
Week I How can I look after my teeth? Which common health conditions should I know about? What do healthy, re- relationships look	
Week 2 Is vaping harmful to my body? How can I help someone who is choking or who is hurt? How might people sh commitment to their	
Week 3 What is puberty? What is CPR, and how do defibrillators work? What is conser	nt?
Week 3 What is puberty? What is CPR, and how do defibrillators work? What is conserved on the physical & emotional changes of puberty? Week 4 What are the physical & emotional changes of puberty? What do antibiotics do to my body? What are potential sign to my body?	s of abuse?
Week 5 What happens during menstruation? How do vaccinations work? What does the lay about sharing nur-	
Week 6 What is FGM and why do I need to know about this? Should vaccinations be compulsory? What risks might involved in sexual	t be
Week I What is a risk? #WeWill – lesson I How are condoms	
Week 2 How can I be safe on, and near, the road? #WeWill – lesson 2 What are STIS	;?
Week 3 How can I be safe near train lines? #WeWill – lesson 3 Are sexuality and gend the same thing Week 4 How can I be safe around water? #WeWill – lesson 4 How have attitudes to sexuality changed over the same thing Week 4 How can I be safe around water? #WeWill – lesson 4 How have attitudes to sexuality changed over the safe around water?	towards
Week 5 How can I be safe online? #WeWill – lesson 5 How have attitudes to gender changed over	towards
Week 6 What do young carers do? #WeWill – lesson 6 How have attitudes to race changed over	towards
Week I Can young people make a change? Which documents can help me to keep track of my money? How can I make a differ community?	
Week 2 What is Parliament? What are my rights as a consumer? What does a democration look like?	ic country
N How are political parties	try be run?
Week 3 Week 3 How are pointed parties Is a budget actually useful? How else might a count Week 4 What happens in a General Election? How can I be responsible with money? Who holds power in Week 5 What do MPs do? How does credit work? What does the Cabi	the UK?
Week 5 What do MPs do? How does credit work? What does the Cabi	
Week 6 Where do laws come from?* Should gambling be banned? What is foreign	net do?
Week 7 spare spare spare	

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		Year 10	Year II	
			Careers	
	Week I & 2	What crimes occur near me?	Careers	
			Careers	
			Careers	
	Week 3 & 4	Who is involved in the legal process?	Stress	
			Resilience	
			Disappointment	
_	Week 5 & 6	Are all courtrooms the same?	Health and exam performance	
Ę		Are all court oonis the same.	Perseverance and procrastination	
Autumn term			Study skills	
2	Weeks 7 & I	How do courts decide on sentences?	Eating disorders (Y10)	
Ε	vveeks / & I	How do courts decide on sentences:		
ntı			Grief and bereavement (Y10)	
Ā		How might citizens become involved in the legal	Cancer (Y10)	
	Week 2 & 3	system?	Self-examination (Y10)	
			Mocks	
			Mocks	
	Weeks 4 & 5	What services are available to manage my health?	Mocks	
			Phishing/fraud	
			Borrowing money (inc. loans and mortgages)	
	Weeks 6 & 7	What is mental health?	Gambling	
			Insurance	
	Week I & 2	What parts of our bodies can be donated to others?	Pensions	
			Taxes	
			Govt spending	
			Devolution	
	Week 3 & 4	First aid recap (specific topic if needed)*	Voting eligibility	
			Process of voting	
E			Electoral system (comparing FPTP v STV)	
eri	Week 5 & 6	How can I help someone who has taken a drug?	How democratic is the UK?	
ų t			International law	
Spring term			UK's relationship with Commonwealth	
br	Week I & 2	What factors might affect my fertility?	UK's relationship with NATO	
S			Consent/Harass./HSB/Stalking/Abuse (2 lessons)	
			Consent/Harass./HSB/Stalking/Abuse (2 lessons)	
	Week 3 & 4	What other forms of contraception exist?	Nudes & pornography (2 lessons)	
			Nudes & pornography (2 lessons)	
	Week 5 & 6	STIs recap (specific topic if needed)*	Local sexual health services	
			spare	
			spare	
	Week I & 2	What options does someone have if they are		
		pregnant?		
	Week 3 & 4	What happens during pregnancy?		

Summer term	Week 5 & 6	Mocks	Exams
Summ	Week I & 2	Work experience	
	Week 3 & 4	spare	
	Week 5 & 6	spare	