

KS3 Citizenship & PSHE Education curriculum – Ormiston Park Academy

		Year 7	Year 8	Year 9
Autumn 1	Week 1	What are first impressions?	How do rules and laws differ?	What is news?
	Week 2	Who am I?	Where do laws come from?	How can I judge the reliability of a news article?
	Week 3	What is self-esteem?	What crimes occur near me?	How can I verify information?
	Week 4	What makes a relationship healthy?	Who is involved in the legal process?	How might I be manipulated?
	Week 5	How are families different?	Are all courtrooms the same?	How can I REVIEW my news?
	Week 6	How do parents differ?	How am I influenced?	What is body image?
	Week 7	What do healthy friendships look like?	What do I need to know about gangs?	How might the media influence how I feel about the way I look?
Autumn 2	Week 1	What is bullying?	What should I know about knife crime?	Why do people use drugs?
	Week 2	How can I take a stand when I see bullying happening?	What is grooming?	What are the effects of drugs?
	Week 3	Is everyone treated equally?	What does 'county lines' mean?	What is addiction?
	Week 4	What are stereotypes?	What is extremism?	What are recreational drugs?
	Week 5	How might people with disabilities be treated?	What are hate crimes?	What might happen if I use drugs?
	Week 6	How can we deal with racism?	How can I share key information about crime with others?	What does the law say about drugs?
	Week 7	Can sport overcome racism?	How can I share key information about crime with others?	Should cannabis be legalised?
Spring 1	Week 1	What is health?	What does caffeine do to my body?	What are my skills?
	Week 2	How can screentime affect my health?	What are prescription drugs?	What comes after school?
	Week 3	How much sleep should I be getting?	What are units?	Decision making, choosing what to study at KS4
	Week 4	What are the benefits of physical activity?	What are the physical effects of drinking alcohol?	Taking control of your career journey
	Week 5	How can I manage my personal hygiene?	What are the social effects of drinking alcohol?	What is the labour market and why is it important
	Week 6	What are germs?	How can I manage influence and pressure around alcohol?	Creating the life you want
Spring 2	Week 1	How can I look after my teeth?	Which common health conditions should I know about?	What do healthy, romantic relationships look like?
	Week 2	Is vaping harmful to my body?	How can I help someone who is choking or who is hurt?	How might people show their commitment to their partner?
	Week 3	What is puberty?	What is CPR, and how do defibrillators work?	What is consent?
	Week 4	What are the physical & emotional changes of puberty?	What do antibiotics do to my body?	What are potential signs of abuse?
	Week 5	What happens during menstruation?	How do vaccinations work?	What does the law say about sharing nudes?
	Week 6	What is FGM and why do I need to know about this?	Should vaccinations be compulsory?	What risks might be involved in sexual acts?
Summer 1	Week 1	What is a risk?	#WeWill – lesson 1	How are condoms used?
	Week 2	How can I be safe on, and near, the road?	#WeWill – lesson 2	What are STIs?
	Week 3	How can I be safe near train lines?	#WeWill – lesson 3	Are sexuality and gender identity the same thing?
	Week 4	How can I be safe around water?	#WeWill – lesson 4	How have attitudes towards sexuality changed over time?
	Week 5	How can I be safe online?	#WeWill – lesson 5	How have attitudes towards gender changed over time?
	Week 6	What do young carers do?	#WeWill – lesson 6	How have attitudes towards race changed over time?
Summer 2	Week 1	Can young people make a change?	Which documents can help me to keep track of my money?	How can I make a difference to my community?
	Week 2	What is Parliament?	What are my rights as a consumer?	What does a democratic country look like?
	Week 3	How are political parties similar and different?	Is a budget actually useful?	How else might a country be run?
	Week 4	What happens in a General Election?	How can I be responsible with money?	Who holds power in the UK?
	Week 5	What do MPs do?	How does credit work?	What does the Cabinet do?
	Week 6	Where do laws come from?*	Should gambling be banned?	What is foreign aid?
	Week 7	spare	spare	spare

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		Year 10	Year 11	
Autumn term	Week 1 & 2	What crimes occur near me?	Careers Careers Careers	
	Week 3 & 4	Who is involved in the legal process?	Careers Stress Resilience	
	Week 5 & 6	Are all courtrooms the same?	Disappointment Health and exam performance Perseverance and procrastination	
	Weeks 7 & 1	How do courts decide on sentences?	Study skills Eating disorders (Y10) Grief and bereavement (Y10)	
	Week 2 & 3	How might citizens become involved in the legal system?	Cancer (Y10) Self-examination (Y10) Mocks	
	Weeks 4 & 5	What services are available to manage my health?	Mocks Mocks Phishing/fraud	
	Weeks 6 & 7	What is mental health?	Borrowing money (inc. loans and mortgages) Gambling Insurance	
	Spring term	Week 1 & 2	What parts of our bodies can be donated to others?	Pensions Taxes Govt spending
Week 3 & 4		<i>First aid recap (specific topic if needed)*</i>	Devolution Voting eligibility Process of voting	
Week 5 & 6		How can I help someone who has taken a drug?	Electoral system (comparing FPTP v STV) How democratic is the UK? International law	
Week 1 & 2		What factors might affect my fertility?	UK's relationship with Commonwealth UK's relationship with NATO Consent/Harass./HSB/Stalking/Abuse (2 lessons)	
Week 3 & 4		What other forms of contraception exist?	Consent/Harass./HSB/Stalking/Abuse (2 lessons) Nudes & pornography (2 lessons) Nudes & pornography (2 lessons)	
Week 5 & 6		<i>STIs recap (specific topic if needed)*</i>	Local sexual health services spare spare	
Summer term		Week 1 & 2	What options does someone have if they are pregnant?	Exams
		Week 3 & 4	What happens during pregnancy?	
		Week 5 & 6	Mocks	
		Week 1 & 2	Work experience	
	Week 3 & 4	spare		
	Week 5 & 6	spare		