**Ormiston Park Academy Curriculum Overview Years 10-11 Department: Sport Studies Curriculum Leader: Ellen Fairest**

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|  | **Half Term 1 - 7 weeks** | **Half Term 2 - 7 weeks** | **Half Term 3 - 6 weeks** | **Half Term 4 - 5 weeks** | **Half Term 5 - 7 weeks** | **Half Term 6 - 6 weeks** |
| Year 11 | Key Content: Unit R053: Sports leadershipLearning Outcome 1: Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership* different leadership roles and opportunities in sport
* role-related responsibilities
* leadership styles

Learning Outcome 2: Be able to plan sports activity sessions* key considerations when planning sports activity sessions
* safety considerations when planning sports activity sessions
 | Key Content: Unit R053: Sports leadershipLearning Outcome 3: Be able to deliver sports activity session* safe practice
* delivery style
* communication skills
* motivation techniques
* activity-specific knowledge
* adaptability

Learning Outcome 4: Be able to evaluate own performance in delivering a sports activity session* key aspects to consider in evaluating planning and delivery of a sports activity session
 | Key Content: Unit R053: Sports leadershipFinal completion of internal assessmentUnit R051: Contemporary issues in sportRevision of LO1, LO2, LO3 an LO4 in preparation for external assessment in Jan 2022.Unit R056: Developing knowledge and skills in outdoor activitiesLearning Outcome 1: Know about different types of outdoor activities and their provision* the definition of an outdoor activity
* provision of outdoor activities in the UK

Learning Outcome 2: Understand the value of participating in outdoor activities* general benefits of participating in outdoor activities
* how participating in outdoor activities can help skills development
 | Key Content: Unit R056: Developing knowledge and skills in outdoor activitiesLearning Outcome 3: Be able to plan an outdoor activity* key considerations to make when planning an outdoor activity
* hazards to be aware of when planning outdoor activities

Learning Outcome 4: Be able to demonstrate knowledge and skills during outdoor activities* care and use of equipment
* safe practice
* communication skills
* decision-making skills
* team-working skills
* problem-solving skills
 | Key Content: Unit R056: Developing knowledge and skills in outdoor activitiesCompletion of internal assessmentUnit R052: Developing sports skills Re-submission if necessaryUnit R053: Sports leadershipRe-submission if necessary | Key Content: **Course completed in June 2021 – final submissions of all units** |
|  | Key Skills:Recall of informationAnalysis and evaluationGroup workCommunicationResearchPlanningOrganisationObservationPerformance skills | Key Skills:Recall of informationAnalysis and evaluationGroup workCommunicationResearchPlanningOrganisationObservationPerformance skills | Key Skills:Recall of informationAnalysis and evaluationGroup workCommunicationResearchPlanningOrganisationObservationPerformance skills | Key Skills:Recall of informationAnalysis and evaluationGroup workCommunicationResearchPlanningOrganisationObservationPerformance skills | Key Skills:Recall of informationAnalysis and evaluationGroup workCommunicationResearchPlanningOrganisationObservationPerformance skills | Key Skills:Recall of informationAnalysis and evaluationGroup workCommunicationResearchPlanningOrganisationObservationPerformance skills |
|  | **Assessment opportunities:****Questioning****Presentations****Group work****Observations** | **Assessment opportunities:****Questioning****Presentations****Group work****Observations**  | **Assessment opportunities:****RO53 Internal Assessment****RO51 External Assessment – attempt 2** | **Assessment opportunities:****Questioning****Presentations****Group work****Observations** | **Assessment opportunities:****Questioning****Presentations****Group work****Observations** | **Assessment opportunities:****RO56 Internal assessment****Resubmission of RO52 and RO53 if required** |
| Year 10 | Key Content: Unit R051: Contemporary issues in sportLearning Outcome 1: Understand the issues which affect participation in sport* the different user groups who may participate in sport
* the possible barriers which affect participation in sport (with reference to the different user groups)
* the solutions to barriers which affect participation in sport
* the factors which can impact upon the popularity of sport in the UK
* how the factors which can impact upon the popularity of sport in the UK relate to specific sporting examples
* current trends in the popularity of different sports in the UK
* growth of new/emerging sports and activities in the UK

Unit R052: Developing sports skillsLearning Outcome 1: Be able to use skills, techniques and tactics/strategies/ compositional ideas as an individual performer in a sporting activityLearning Outcome 3: Be able to officiate in a sporting activityLearning Outcome 4: Be able to apply practice methods to support improvement in a sporting activity | Key Content: Unit R051: Contemporary issues in sportLearning Outcome 2: Know about the role of sport in promoting values* values which can be promoted through sport
* the Olympic and Paralympic movement
* other initiatives and events which promote values through sport
* the importance of etiquette and sporting behaviour of both performers and spectators
* the use of performance-enhancing drugs in sport

Unit R052: Developing sports skillsLearning Outcome 1: Be able to use skills, techniques and tactics/strategies/ compositional ideas as an individual performer in a sporting activityLearning Outcome 3: Be able to officiate in a sporting activityLearning Outcome 4: Be able to apply practice methods to support improvement in a sporting activity | Key Content: Unit R051: Contemporary issues in sportLearning Outcome 3: Understand the importance of hosting major sporting events* the features of major sporting events
* the potential benefits and drawbacks of cities/countries hosting major sporting events
* the links between potential benefits and drawbacks and legacy

Unit R052: Developing sports skillsLearning Outcome 1: Be able to use skills, techniques and tactics/strategies/ compositional ideas as an individual performer in a sporting activityLearning Outcome 3: Be able to officiate in a sporting activityLearning Outcome 4: Be able to apply practice methods to support improvement in a sporting activity |  Key Content: Unit R051: Contemporary issues in sportLearning Outcome 4: Know about the role of national governing bodies in sport* what national governing bodies in sport do
* promotion, development, infrastructure
* policies and initiatives, funding

Unit R052: Developing sports skillsLearning Outcome 2: Be able to use skills, techniques and tactics/strategies/ compositional ideas as a team performer in sporting activityLearning Outcome 3: Be able to officiate in a sporting activityLearning Outcome 4: Be able to apply practice methods to support improvement in a sporting activity | Key Content: Unit R051: Contemporary issues in sportRevision of LO1, LO2, LO3 an LO4 in preparation for external assessment in June 2021.Unit R052: Developing sports skillsLearning Outcome 2: Be able to use skills, techniques and tactics/strategies/ compositional ideas as a team performer in sporting activityLearning Outcome 3: Be able to officiate in a sporting activityLearning Outcome 4: Be able to apply practice methods to support improvement in a sporting activity | Key Content**:** Unit R052: Developing sports skillsLearning Outcome 2: Be able to use skills, techniques and tactics/strategies/ compositional ideas as a team performer in sporting activityLearning Outcome 3: Be able to officiate in a sporting activityLearning Outcome 4: Be able to apply practice methods to support improvement in a sporting activity |
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| **Assessment opportunities:****End of topic tests****Exam Questions****Questioning****Presentations****Group work****Observations** | **Assessment opportunities:****End of topic tests****Exam Questions****Questioning****Presentations****Group work****Observations** | **Assessment opportunities:****End of topic tests****Exam Questions****Questioning****Presentations****Group work****Observations** | **Assessment opportunities:****End of topic tests****Exam Questions****Questioning****Presentations****Group work****Observations** | **Assessment opportunities:****End of topic tests****Exam Questions****Questioning****Presentations****Group work****Observations** | **Assessment opportunities:****RO51 – External Assessment****RO52 – Internal Assessment** |