**Ormiston Park Academy Curriculum Overview Years 10-11 Department: Sport Studies Curriculum Leader: Ellen Fairest**

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|  | **Half Term 1 - 7 weeks** | **Half Term 2 - 7 weeks** | **Half Term 3 - 6 weeks** | **Half Term 4 - 5 weeks** | **Half Term 5 - 7 weeks** | **Half Term 6 - 6 weeks** |
| Year 11 | Key Content:  Unit R053: Sports leadership  Learning Outcome 1: Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership   * different leadership roles and opportunities in sport * role-related responsibilities * leadership styles   Learning Outcome 2: Be able to plan sports activity sessions   * key considerations when planning sports activity sessions * safety considerations when planning sports activity sessions | Key Content:  Unit R053: Sports leadership  Learning Outcome 3: Be able to deliver sports activity session   * safe practice * delivery style * communication skills * motivation techniques * activity-specific knowledge * adaptability   Learning Outcome 4: Be able to evaluate own performance in delivering a sports activity session   * key aspects to consider in evaluating planning and delivery of a sports activity session | Key Content:  Unit R053: Sports leadership  Final completion of internal assessment  Unit R051: Contemporary issues in sport  Revision of LO1, LO2, LO3 an LO4 in preparation for external assessment in Jan 2022.  Unit R056: Developing knowledge and skills in outdoor activities  Learning Outcome 1: Know about different types of outdoor activities and their provision   * the definition of an outdoor activity * provision of outdoor activities in the UK   Learning Outcome 2: Understand the value of participating in outdoor activities   * general benefits of participating in outdoor activities * how participating in outdoor activities can help skills development | Key Content:  Unit R056: Developing knowledge and skills in outdoor activities  Learning Outcome 3: Be able to plan an outdoor activity   * key considerations to make when planning an outdoor activity * hazards to be aware of when planning outdoor activities   Learning Outcome 4: Be able to demonstrate knowledge and skills during outdoor activities   * care and use of equipment * safe practice * communication skills * decision-making skills * team-working skills * problem-solving skills | Key Content:  Unit R056: Developing knowledge and skills in outdoor activities  Completion of internal assessment  Unit R052: Developing sports skills  Re-submission if necessary  Unit R053: Sports leadership  Re-submission if necessary | Key Content:  **Course completed in June 2021 – final submissions of all units** |
|  | Key Skills:  Recall of information  Analysis and evaluation  Group work  Communication  Research  Planning  Organisation  Observation  Performance skills | Key Skills:  Recall of information  Analysis and evaluation  Group work  Communication  Research  Planning  Organisation  Observation  Performance skills | Key Skills:  Recall of information  Analysis and evaluation  Group work  Communication  Research  Planning  Organisation  Observation  Performance skills | Key Skills:  Recall of information  Analysis and evaluation  Group work  Communication  Research  Planning  Organisation  Observation  Performance skills | Key Skills:  Recall of information  Analysis and evaluation  Group work  Communication  Research  Planning  Organisation  Observation  Performance skills | Key Skills:  Recall of information  Analysis and evaluation  Group work  Communication  Research  Planning  Organisation  Observation  Performance skills |
|  | **Assessment opportunities:**    **Questioning**  **Presentations**  **Group work**  **Observations** | **Assessment opportunities:**  **Questioning**  **Presentations**  **Group work**  **Observations** | **Assessment opportunities:**  **RO53 Internal Assessment**  **RO51 External Assessment – attempt 2** | **Assessment opportunities:**  **Questioning**  **Presentations**  **Group work**  **Observations** | **Assessment opportunities:**  **Questioning**  **Presentations**  **Group work**  **Observations** | **Assessment opportunities:**  **RO56 Internal assessment**  **Resubmission of RO52 and RO53 if required** |
| Year 10 | Key Content:  Unit R051: Contemporary issues in sport  Learning Outcome 1: Understand the issues which affect participation in sport   * the different user groups who may participate in sport * the possible barriers which affect participation in sport (with reference to the different user groups) * the solutions to barriers which affect participation in sport * the factors which can impact upon the popularity of sport in the UK * how the factors which can impact upon the popularity of sport in the UK relate to specific sporting examples * current trends in the popularity of different sports in the UK * growth of new/emerging sports and activities in the UK   Unit R052: Developing sports skills  Learning Outcome 1: Be able to use skills, techniques and tactics/strategies/ compositional ideas as an individual performer in a sporting activity  Learning Outcome 3: Be able to officiate in a sporting activity  Learning Outcome 4: Be able to apply practice methods to support improvement in a sporting activity | Key Content:  Unit R051: Contemporary issues in sport  Learning Outcome 2: Know about the role of sport in promoting values   * values which can be promoted through sport * the Olympic and Paralympic movement * other initiatives and events which promote values through sport * the importance of etiquette and sporting behaviour of both performers and spectators * the use of performance-enhancing drugs in sport   Unit R052: Developing sports skills  Learning Outcome 1: Be able to use skills, techniques and tactics/strategies/ compositional ideas as an individual performer in a sporting activity  Learning Outcome 3: Be able to officiate in a sporting activity  Learning Outcome 4: Be able to apply practice methods to support improvement in a sporting activity | Key Content:  Unit R051: Contemporary issues in sport  Learning Outcome 3: Understand the importance of hosting major sporting events   * the features of major sporting events * the potential benefits and drawbacks of cities/countries hosting major sporting events * the links between potential benefits and drawbacks and legacy   Unit R052: Developing sports skills  Learning Outcome 1: Be able to use skills, techniques and tactics/strategies/ compositional ideas as an individual performer in a sporting activity  Learning Outcome 3: Be able to officiate in a sporting activity  Learning Outcome 4: Be able to apply practice methods to support improvement in a sporting activity | Key Content:  Unit R051: Contemporary issues in sport  Learning Outcome 4: Know about the role of national governing bodies in sport   * what national governing bodies in sport do * promotion, development, infrastructure * policies and initiatives, funding   Unit R052: Developing sports skills  Learning Outcome 2: Be able to use skills, techniques and tactics/strategies/ compositional ideas as a team performer in sporting activity  Learning Outcome 3: Be able to officiate in a sporting activity  Learning Outcome 4: Be able to apply practice methods to support improvement in a sporting activity | Key Content:  Unit R051: Contemporary issues in sport  Revision of LO1, LO2, LO3 an LO4 in preparation for external assessment in June 2021.  Unit R052: Developing sports skills  Learning Outcome 2: Be able to use skills, techniques and tactics/strategies/ compositional ideas as a team performer in sporting activity  Learning Outcome 3: Be able to officiate in a sporting activity  Learning Outcome 4: Be able to apply practice methods to support improvement in a sporting activity | Key Content**:**  Unit R052: Developing sports skills  Learning Outcome 2: Be able to use skills, techniques and tactics/strategies/ compositional ideas as a team performer in sporting activity  Learning Outcome 3: Be able to officiate in a sporting activity  Learning Outcome 4: Be able to apply practice methods to support improvement in a sporting activity |
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| **Assessment opportunities:**  **End of topic tests**  **Exam Questions**  **Questioning**  **Presentations**  **Group work**  **Observations** | **Assessment opportunities:**  **End of topic tests**  **Exam Questions**  **Questioning**  **Presentations**  **Group work**  **Observations** | **Assessment opportunities:**  **End of topic tests**  **Exam Questions**  **Questioning**  **Presentations**  **Group work**  **Observations** | **Assessment opportunities:**  **End of topic tests**  **Exam Questions**  **Questioning**  **Presentations**  **Group work**  **Observations** | **Assessment opportunities:**  **End of topic tests**  **Exam Questions**  **Questioning**  **Presentations**  **Group work**  **Observations** | **Assessment opportunities:**  **RO51 – External Assessment**  **RO52 – Internal Assessment** |